

EXERCISE IN PRAYER

PRETHANKSGIVING WEEK OF PRAYER OBSERVANCE

Plan a prayer walk or prayer hike at a local park or scenic area. In many places, autumn color may be just past peak, affording a beautiful natural setting. Give each woman a prayer page with selected Scriptures, songs and Week of Prayer requests. Use suggestions below or compile your own list.

PRAISE: Begin the walk with a time of praise. Sing a couple familiar praise songs together to the Lord. **Spend time in praise to God, Who is:**

Creator (Psalm 139:13); **Holy** (Psalm 22:3-4); **Patient** (Romans 15:5); **Merciful** (Psalm 116:5); **Glorious** (Exodus 15:11); **Changeless** (Malachi 3:6); **Almighty** (2 Corinthians 6:18); **Righteous** (Deuteronomy 32:4); **Just** (Isaiah 45:21); **Majestic** (Isaiah 33:21); **True** (Jeremiah 10:10); **All-Knowing** (John 16:30); **All-Wise** (Proverbs 3:19-20); **Faithful** (Deuteronomy 7:9); **Sinless** (1 Peter 2:21-22); **The Resurrection and Life** (John 11:25).

Continue in praise to God, Who is our:

Authority (Matthew 28:18); **Redeemer** (John 16:30); **Strength** (Psalm 18:1); **Restorer** (Psalm 23:13); **Comforter** (John 14:15); **Resting Place** (Jeremiah 50:6); **Overcomer** (John 16:33); **Refuge from the Storm** (2 Samuel 22:3); **Peace** (Ephesians 2:14); **Healer** (Malachi 4:2); **Rewarder** (Hebrews 11:6); **Sustainer** (Psalm 55:22); **Rock** (Deuteronomy 32:4); **Shepherd** (John 10:14-16); **Everlasting Father** (Isaiah 9:6); **Shade from the Heat** (Isaiah 25:4); **Shield** (Psalm 33:20); **Deliverer** (Psalm 70:5); **Savior** (2 Samuel 22:3).

PAUSE: Walk for a time in silence, allowing each woman to examine her heart and confess personal sins.

PENITENCE: Then confess aloud these and other corporate sins:

We repent of our pride and arrogance.
We repent of our focus on materialism and selfishness in giving.
We repent of our negligence in prayer.
We repent of our unconcern for the lost.

PRAYERS OF THANKSGIVING: Give women opportunity to spontaneously thank God for His gifts, answers to prayers, and other blessings.

PETITION: Focus now on specific Home Missions requests, using the PreThanksgiving prayer guide.

PROMISE: Complete your walk, thanking God in advance for His answers to these requests, and in anticipation of His work in your life, your women's group and your church.

—verses compiled by Shelly Coyle Miller, Hermitage, Tennessee.

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